
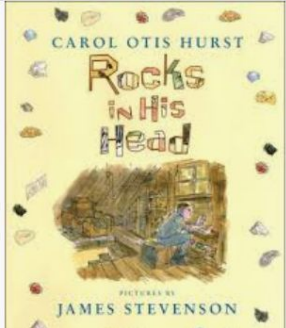
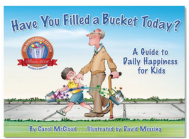
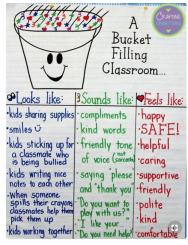
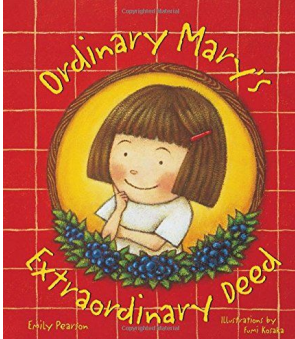
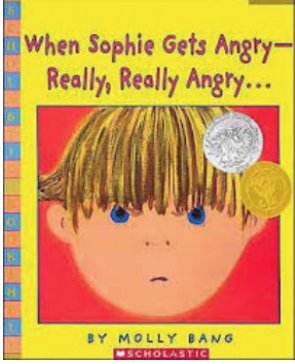
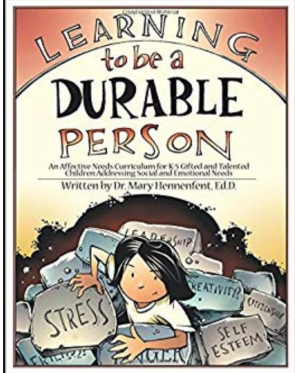
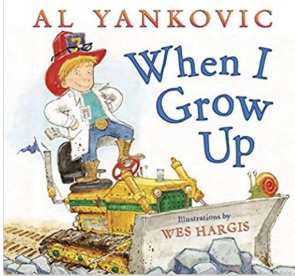


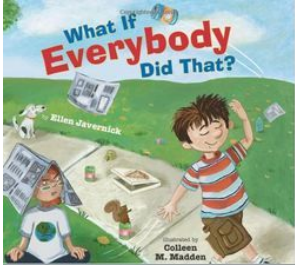
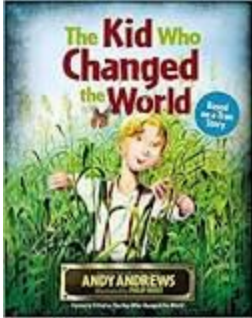
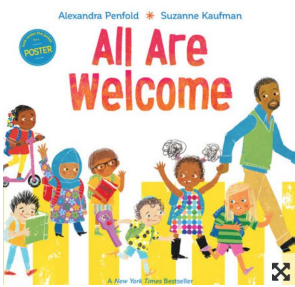
WALNUT SPRINGS ELEMENTARY

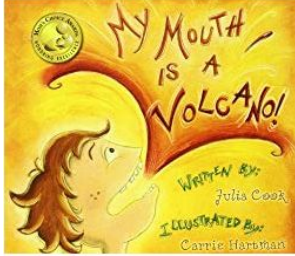

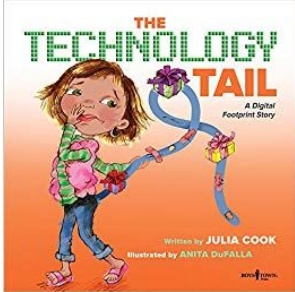
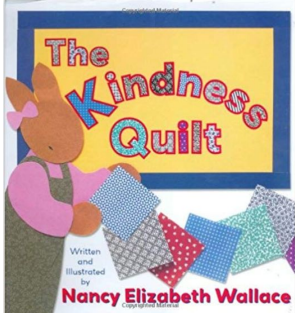
2019 Summer SEL Book Share


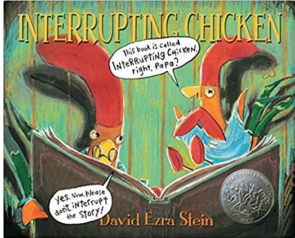
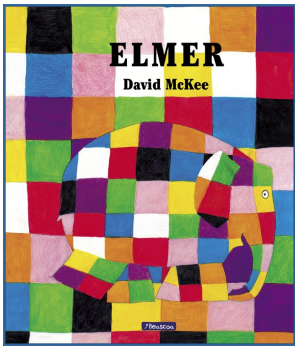
Please add a great SEL book that could be used in the classroom.

TITLE/AUTHOR	TOPIC	CLASSROOM CONNECTION	SHARED BY:
<p><u>What do you do with an idea?</u> by Kobi Yamada</p> 	<p>Growth Mindset</p>	<ul style="list-style-type: none"> - Ask students to share ideas that have changed the world. Discuss what had to happen before these ideas worked. - Show Developing a Growth Mindset - Brainstorm what does a brave learner look like? Create an anchor chart. Show students that making mistakes is part of learning. - Fixed vs. Growth Mindset Sort - "I haven't failed. I've just found 10,000 ways that won't work."- Thomas Edison - Use quote to show the power of positive talk. 	<p>Robin Acker</p>
<p><u>Rocks in His Head</u> By Carol Otis Hurst</p> 	<p>Believing in yourself/ Following your passion/ Resilience</p>	<ul style="list-style-type: none"> -Discuss the central idea/theme of the story -Discuss why the author uses the repetitive phrase "you've got rocks in your head". What are the multiple meanings of this phrase? -Discuss how the main character showed resilience (obstacles he faced and his attitude); have students share about resilience in their life -Pass out rocks and have each student write a significant passion of theirs on the rock with a sharpie. They can also decorate the rocks. Display the rocks in your classroom. Have students share what is on their rock and ways they may have to be resilient in order to continue with their passion. How will school lead towards that passion? 	<p>Shannon Voges</p>
<p><u>Have You Filled a Bucket Today?</u> by Carol McCloud</p> 	<p>Showing kindness to others</p>		<p>Shmidl & Meyers</p>
<p><u>Ordinary Mary's Extraordinary Deed</u></p>	<p>Kindness</p>	<ul style="list-style-type: none"> -- Brainstorm a list of random acts of kindness. -- Discuss examples of one act of kindness 	<p>Karalise Moreno</p>

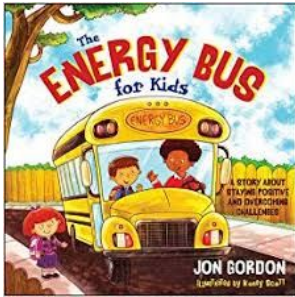
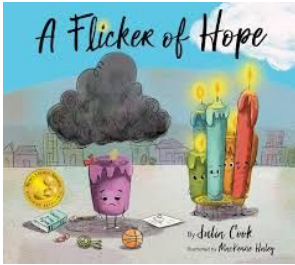
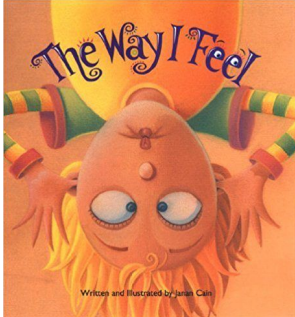
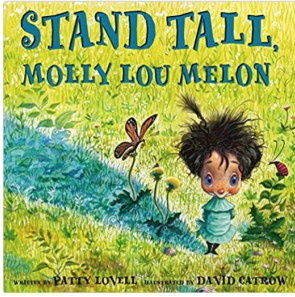
<p>by Emily Pearson</p> 		<p>causing a chain reaction. -- With older grades, do math to figure out how many lives 1 random act of kindness can touch - example in book (30 billion!).</p>	<p>and Martha Vergara</p>
	<p>Zones (Emotions)</p>	<p>This is good for younger kids. I read it to my class to introduce the different zones. It's great to pause during the book to discuss her emotions related to the different zones.</p>	<p>Carri Ponton</p>
	<p>Social/emotional learning- It is mainly geared toward gifted students but there are many activities that are good for everyone.</p>	<p>What is a durable person? What traits do successful people exhibit? What is a perfectionist? These questions and many others are explored in this practical guide to helping gifted students navigate social and emotional issues in their lives.</p> <p>This curriculum is designed to help gifted children explore their own giftedness, expand social skills, cultivate leadership skills, and develop strategies for combating stress, anger, and perfectionism. Gifted children must be taught to be durable so they can continue to be responsible and productive citizens.</p>	<p>Kristi Fout</p>
	<p>Really cute book for younger kids exploring the possibilities of what to be when you grow up.</p>	<p>"Weird Al" Yankovic delivers his first picture book, bringing his trademark wit, wordplay, and silliness to a story that explores the timeless question "What do you want to be when you grow up?"</p>	
<p><u>What if Everybody Did That?</u> By Ellen Javernick</p>	<p>Self-control Importance of being a</p>	<p>Great book to introduce the importance of school and community rules. Before reading, ask the class to brainstorm what</p>	<p>Lura Griffin - 2nd</p>

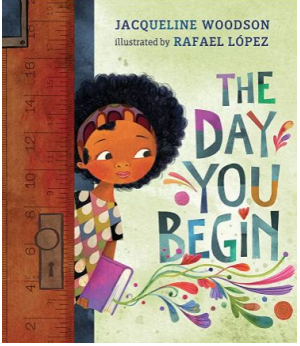

	<p>good citizen</p> <p>Teaching social responsibility</p>	<p>would happen if we had no rules. What if everybody dropped a soda can out the window? What if everyone left their coat on the floor?</p> <p>After reading, invite the class to discuss what would happen if everyone talked when the teacher is talking? What if everyone came to class late? What if everyone turned in library books late? Which LIM habits are in place when citizens do the right thing?</p> <p>Create a class book called, "What if everyone..." Each student or each group of students create a page in the book of school rules. Students can draw, write and color a page to illustrate their rule as well as tell which LIM habit is in place.. Pull out the class book when students need a reminder throughout the year.</p> <p>Extension: Students break into groups and given a rule and/or procedure. Record students acting out the "right way" and "wrong way" and create a class video on rules of your classroom. You can always revisit the video when students need a refresher in remembering to be a good citizen.</p> <p>After studying this book in class, the teacher can just use the simple phrase, "What if everyone did that?" to correct behavior.</p>	
	<p>Anyone can make an impact - even with one small deed. ("The Butterfly Effect")</p> <p>Find Your Voice and use it to inspire</p>	<p><i>"Did you know that what you do today can change the world forever?"</i></p> <p>How can you help and inspire others?</p> <p>(also has some interesting tidbits about people in history - ie George Washington Carver & Norman Borlaug + more)</p>	<p>Bryan - K</p>
	<p>Diversity</p>	<p>Great for the first day of school when students are nervous about making new friends. This simple rhyming picture book illustrates our differences and our similarities in a cute, accessible way.</p>	<p>Franco/Owens</p>

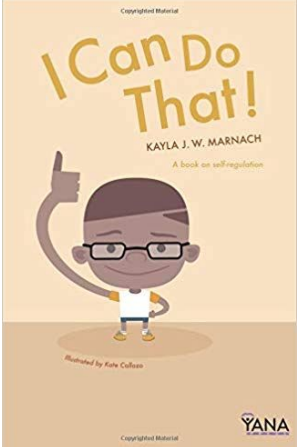
<p>My Mouth is a Volcano By Julia Cook</p> 	<p>Interruptions /interrupting</p>	<ul style="list-style-type: none"> - Great beginning of the year book! (used with my own son at home and at school) - The premise of this book is about interrupting and how hard it is to just listen and not put your two cents in right when it comes into your head. This is hard for many students. -Begin with building on what students know about volcanoes. Chart their responses. They should give responses like: they explode, they are hot, you never know when they may erupt. -We often want to say what comes right into our minds without thinking about how it will affect others around us. We just need to learn how to keep from “erupting” and how to ease the pressure so we don’t make a mess. -Create a chart titled “Strategies To Keep Me From Erupting”. Adults are just as bad as kids so this would be a great time to list one of your own strategies. -Students can illustrate and write a caption to the following: A time when I was interrupted...; How I feel when someone interrupts me; What I can do so that I don’t erupt someone 	<p>Denise Thomas</p>
	<p>Growth Mindset</p>	<p>Coming soon!.....</p>	<p>Debi Dealing</p>
	<p>Digital Safety/Citizen ship</p>	<p>Great book for this new generation about how to navigate the ever changing digital age and how these posts can and will follow you forever! I got this book for my teens too.</p>	<p>Natalie Bolinger</p>
	<p>Showing kindness to others</p>	<p>After reading the book to the class, brainstorm a list of ways you can show kindness. Each student receives a square to draw or write an example of how they can show kindness. The squares go together to make a quilt.</p>	<p>K. Phipps</p>

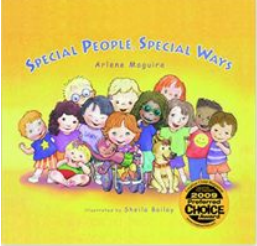
			
	<p>Helping with interruptions</p>	<p>Discuss how we can all be “respectful students” and not “interrupting chickens”. Talk with your class about what it looks like to be a respectful student/listener and the importance in of this in the classroom.</p> <p>Make a list with the class of ideas of both what a respectful student looks like and examples of being an interrupting chicken.</p> <p>This is a great topic to reference throughout the year and a fun way to teach students how to be respectful listeners.</p>	<p>L. Zimmerman</p>
	<p>Embracing and celebrating diversity</p>	<p>This is a good lesson in accepting others and their differences.</p> <p>Read aloud to the class & discuss how we are all different. Discuss how Elmer felt when he paints himself gray to fit into the herd, and how the other elephants celebrate his differences when the paint washes off in a rainstorm.</p> <p>The students then decorate/color their elephant and write about their elephant's uniqueness. Sentence stem: <i>My Elmer is unique because...</i> We used this activity as a first week writing sample.</p>	<p>M. Webber</p>

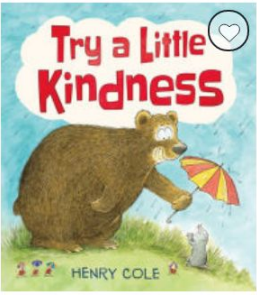
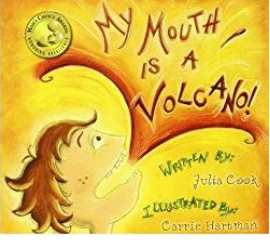
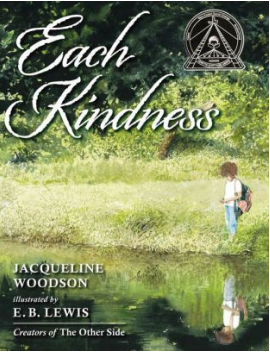
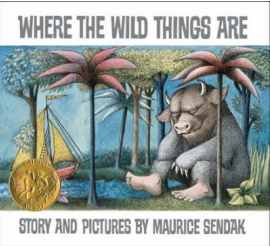
	<p>Friendship: Making and Keeping Friends</p>	<p>Read aloud to the class and discuss ways to make friends with someone you might consider your "enemy"</p> <p>Create an anchor chart to display in the classroom</p> <p>Create a recipe for making friends and make a class recipe book</p>	<p>L Woodland</p>
<p>But It's Not My Fault</p>  <p>(Available in CL&I)</p>	<p>Accepting responsibility for actions</p>	<p>Read aloud to class or play the video link. Create an anchor chart about what actions Noodle did that caused him problems and ways that he could have been proactive and prevented problems.</p> <p>If you like the Behavior Reflection Chart, teacher could use a Noodle's behavior for students to identify the "reasons" for and "consequences". This form could then be used in the classroom to redirect behavior and communicate with parents.</p> <p>3-5 - Extend lesson with LIM Responsibility Lesson</p> <p>All - TPT follow up lessons and worksheets (there is a fee)</p>	<p>Gay Klassen</p>
<p>The Snail and the Whale By Julia Donaldson and Axel Scheffler</p>	<p>Being kind to others</p>	<p>Read aloud to class. Discuss how the snail and whale helped each other. Create an anchor chart showing different ways we have helped someone and they helped us. Draw a picture of what happened and showing how we can help others when they need some help.</p>	<p>Susan Foster</p>
<p>It's Okay to be Different</p> 	<p>Embracing diversity and differences</p>	<p>Read the book aloud to the class. With partners, and then with the class, brainstorm ways that people can be different from each other (the way they look, the type of family they have, what they like to do, what they eat, religion, etc.).</p> <p>Discuss how our differences make us special.</p> <p>Students create their own books (about themselves) similar to Todd Parr's, which showcase what makes them unique.</p>	<p>Barbara Davis</p>

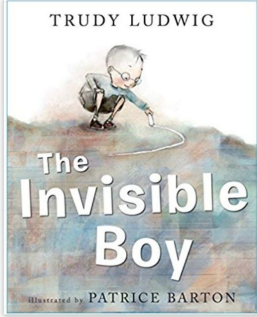
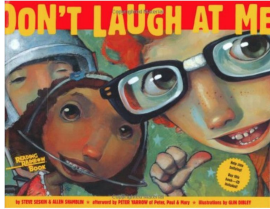
	<p>"Staying Positive and overcoming challenges"</p>	<p>There is free discussion guide at : www.energyBusKids.com But you do have to sign up to access it. There are energy bus schools, just like 7 habit schools</p> <p>I don't read the book all at once, Just one "rule" at a time. I use as discussion starter during morning meeting.</p> <p>For Rule 1: Students can draw their own positive vision board</p>	<p>Darby Broussard</p>
<p>A Flicker of Hope</p> 	<p>Believing in yourself and helping/building up others</p>	<p>Read aloud to class. Discuss ways to make others feel worthy, and how we are all unique and have important gifts to share with the world. Create an anchor chart showing different ways we can help people who are feeling bullied/not worthy. This is a good way to begin talking about the zones of regulation, and how it's ok/normal to feel blue, but that it is important to ask for help when you are feeling that way.</p>	<p>Dusti Gillis</p>
<p>The Way I Feel</p> 	<p>Learning and embracing your feelings zones/colors</p>	<p>Read aloud to class and discuss how our mind/body can feel when we feel emotions. Discuss how there are a variety of emotions. Introduce zones/colors with the feelings as we read.</p> <p>A great morning meeting activity: teaching the emotions song. "If you're happy and you know it" and change out the emotions as you sing.</p> <p>Example: If you're mad and you know cross your arms...If you're sad and you know it make a frown...etc</p>	<p>Holly Love</p>
	<p>Believing in yourself even if you are different.</p>	<p>Lesson on it's way!</p>	<p>Angie Ellis</p>

			Melanie Dykhoff
	Regulate emotions and senses	This book teaches kids how to regulate their feelings and emotions. Also, it has plenty of examples of ways to cope with those feelings and take action to control them	Michelle Machacek

	Self-regulating techniques	strategies are shared empowering the child to effectively learn and practice ways they can control their emotions and actions when they feel themselves becoming dysregulated. The questions at the end of the book provide an easy transition for counselors and parents to open a discussion, assisting the child in exploring ways they can learn to manage themselves.	Mark Hamilton
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	Being kind to others	This book gives a positive image of persons with disabilities. It presents a message that even though each of us may have something different about us, we also share many things in common.	Huerta/Krueger
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	<p>Showing Kindness PreK-1</p>	<p>After reading the book to the class, brainstorm a list of ways you can show kindness. Have the students make a wall of ways they show kindness in their life!</p>	<p>Stephanie Needham</p>
	<p>Learning to be aware of interrupting others</p>	<p>This book is about how to manage your thoughts and words without interrupting. Children and adults have a hard time being good listeners and having the control to not interrupt others during a conversation. Practice self control by role playing with small groups.</p>	<p>Jill Hayes</p>
	<p>Accepting others that are different from you. Spreading kindness</p>	<p>This book does not necessarily have a "happy ending" but that's real life... And it sends a powerful message to always take the opportunity to be kind to everyone, even those who are different from you because one day you might not get the chance to make things right. (The little girl who needs kindness the most moves away to another school at the end of the story.) Great discussion starter about the importance of spreading kindness.</p>	<p>Margo Hoch</p>
<p>Where the Wild Things Are by Maurice Sendak</p> 	<p>Sadness, friendship, doing the right thing, fear, boredom, frustration, jealousy, managing feelings</p>	<ul style="list-style-type: none"> ● Front cover picture walk and making predictions; teach the word mischief, apply mischief to home and school ● Questioning: Was there ever a time you were sad? Angry? Bored? Have you ever used your imagination to pretend you were somewhere else? ● Read the book ● Connect to real life, more questioning ● Students can make their own 'monster' physically https://www.weareteachers.com/where-the-wild-things-are-activities/ or online https://www.switchzoo.com/.; add a writing component, possible prompt "When I feel sad..." <p>https://www.woojr.com/where-the-wild-things-are-lesson-plans-and-movie-news/</p>	<p>Maureen Jamail</p>
		<p>●</p>	

<p>The Invisible Boy by Patrice Barton</p> 	<p>Making new friends, including others, feelings when you're left out, loneliness</p>	<ul style="list-style-type: none"> ● Anticipatory set: have students think of a time they have felt left out of the group and jot down how they feel. You may need to bring up loneliness and how they feel when they're lonely or unimportant. ● Read the story. ● Share how Brian felt once Justin invited him to join them at lunch. ● The back of the book has four discussion points from the story and followup points to talk about with the group.. 	<p>Vicki Lynch</p>
<p>Don't Laugh at Me by Steve Seskin and Allan Shamblin</p> 	<p>Accepting differences in others, kindness</p>	<p>I use this book at the beginning of the year when I'm teaching about Metacognition. We make a "reading salad" to show that reading is the words in the book + the thoughts in your head. Through the think aloud portion I first model my thoughts about the unkindness shown to children in the book that are different, then I reread and have the students share their thoughts and connections. This sets the tone for the year of appreciating differences and understanding that we are all different is some way and are all deserving of respect and kindness.</p>	<p>Rachel Barton</p>